



# The University of Georgia®

University Council  
Athens, Georgia 30602

February 3, 2017

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Dear Colleagues:

The attached proposal from the College of Public Health for a new Area of Emphasis in Behavioral Medicine under the major in Health Promotion (B.S.H.P.) will be an agenda item for the February 10, 2017, Full University Curriculum Committee meeting.

Sincerely,

Alison Alexander, Chair  
University Curriculum Committee

cc: Provost Pamela S. Whitten  
Dr. Rahul Shrivastav

Committee on Facilities, Committee on Intercollegiate Athletics, Committee on Statutes, Bylaws, and Committees, Committee on Student Life, Curriculum Committee, Educational Affairs Committee, Executive Committee, Faculty Admissions Committee, Faculty Affairs Committee, Faculty Grievance Committee, Faculty Post-Tenure Review Appeals Committee, Faculty/Staff Parking Appeals Committee, Human Resources Committee, Program Review and Assessment Committee, Strategic Planning Committee, University Libraries Committee, University Promotion and Tenure Appeals Committee

An Equal Opportunity/Affirmative Action/Veteran/Disability Institution

## PROPOSAL FOR AREA OF EMPHASIS

1. School/College: College of Public Health
2. Department/Division: Health Promotion and Behavior
3. Major: Health Promotion (B.S.H.P.)
4. Major Requirements: (see attached)
5. Area of Emphasis Title (as it will appear in the *Bulletin*): Behavioral Medicine
6. Proposed starting date: Spring 2017 or semester after approval
7. Area of Emphasis Description: The behavioral medicine area of emphasis will be a high-demand option and limited to 20 students each year. The area of emphasis includes the recommended courses for pre-medical studies. Students will complete HPRB 3100 during the spring of the third year, a course which includes a substantial experiential residency component. A grade of C or better is required for major courses.

### BHM Core (6 hours)

HPRB 3100/H Introduction to Behavioral Medicine (3)  
VPHY 3100 Elements of Physiology (3)

### CPH Core (12 hours)

BIOS 3000 Intermediate Biostatistics for Public Health Sciences (3)  
HPAM 3600/E Introduction to Health Policy (3)  
EHSC 3060 Introduction to Environmental Health Science (3)  
EPID 4070 Fundamentals of Epidemiology (3)


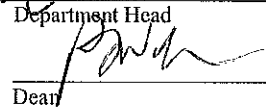
### HPB Core (22 hours)

HPRB 3850 Chronic Disease Prevention (3)  
HPRB 5010 Research Design and Methods in Health Promotion (3)  
HPRB 5410W Professional Writing for Health Promotion (3)  
HPRB 3020S Foundations of Health Promotion Professional Practice and Service (3)  
HPRB 3700 Community Health (3)  
HPRB 4400 Health Promotion Program Development (3)  
HPRB 3480S Practicum in Health Promotion and Services (150 hours) (3)  
HPRB 5900 Capstone in Health Promotion and Behavior (1)

### Science Core (20 hours)

CHEM 2211/L Modern Organic Chemistry I (4)  
CHEM 2212/L Modern Organic Chemistry II (4)  
BIOL 1108/L Principles of Biology II (4)  
BCMB 3100 Introductory Biochemistry and Molecular Biology (4)  
GENE 3200/D Genetics (4)

Signatures:

	Health Promotion and Behavior	2-1-17
Department Head	Department	Date
	Public Health	2/1/17
Dean		Date

# Health Promotion (B.S.H.P.)

## I. FOUNDATION COURSES (9 HOURS)

ENGL 1101 or ENGL 1101E or ENGL 1101S  
ENGL 1102 or ENGL 1102E or ENGL 1103 or ENGL 1050H or ENGL 1060H  
MATH 1101 or MATH 1113 (Health Promotion Area of Emphasis)  
MATH 1113 or MATH 2200 or MATH 2250 (Health Services Area of Emphasis)  
MATH 2250 (Behavioral Medicine Area of Emphasis)

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## II. SCIENCES (7-8 HOURS)

At least one of the physical science or life science courses must include a laboratory.

### Physical Sciences (3-4 hours)

**Preferred Course(s):** No preferred courses: (Health Promotion Area of Emphasis)  
(CHEM 1211, CHEM 1211L) or (CHEM 1311H, CHEM 1311L) (Health Services Area of Emphasis  
And Behavioral Medicine Area of Emphasis)

### Life Sciences (3-4 hours)

**Preferred Course(s):** BIOL 1103 and BIOL 1103L (Health Promotion Area of Emphasis)  
(BIOL 1107, BIOL 1107L) or (BIOL 2107H, BIOL 2107L) (Health Services Area of Emphasis  
And Behavioral Medicine Area of Emphasis)

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## III. QUANTITATIVE REASONING (3-4 HOURS)

**Preferred Course(s):** CSCI 1210 or CSCI 1301-1301L (Health Promotion Area of Emphasis)  
MATH 2200 or MATH 2250 or PHYS 1111-1111L (Health Services Area of Emphasis)  
MATH 2260 (Behavioral Medicine Area of Emphasis)

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## IV. WORLD LANGUAGES AND CULTURE, HUMANITIES AND THE ARTS (12 HOURS)

Note: Course credit received as a result of a score on a departmental foreign language placement test will not satisfy the General Education Core Curriculum requirements in Area IV, World Languages and Culture, Humanities and the Arts.

### World Languages and Culture (9 hours)

No preferred courses for this area. See Core Curriculum view.

### Humanities and the Arts (3 hours)

No preferred courses for this area for Health Promotion and Health Services Areas of Emphasis.  
See Core Curriculum view.

COMM 1100 or COMM 2150H (Behavioral Medicine Area of Emphasis)

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## V. SOCIAL SCIENCES (9 HOURS)

- Students who have not met the Georgia and U.S. Constitution requirement by examination should enroll in [POLS 1101](#) or [POLS 1105H](#).
- A passing grade on an examination on the history of the United States and Georgia is required to satisfy the United States and Georgia History Requirement for all persons receiving a baccalaureate degree from the University, unless exempted by one of the following courses: [HIST 2111](#), [HIST 2111H](#), [HIST 2112](#), [HIST 2112H](#). Examinations are given at University Testing Services. Reexamination is permitted. Contact University Testing Services at (706) 542-3183 for information.

**Preferred Course(s):** [HIST 2111](#) or [HIST 2111H](#) or [HIST 2112](#) or [HIST 2112H](#) or [POLS 1101](#) or [POLS 1105H](#) or [PSYC 1101](#) or [PSYC 1030H](#)

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### Area VI

#### Health Promotion and Health Services Areas of Emphasis

**Please consult with a Health Promotion advisor prior to completing Area VI.**

[CBIO 2200-2200L](#)

[CBIO 2210-2210L](#)

[HPRB 1710](#)

[BIOS 2010-2010L](#)

[COMM 1100](#) or [COMM 2150H](#)

### Area VI

#### Behavioral Medicine Area of Emphasis

**Please consult with a Health Promotion advisor prior to completing Area VI.**

[PHYS 1211-L](#) or [PHYS 1311-L](#)

[PHYS 1212-L](#) or [PHYS 1312-L](#)

[HPRB 1710](#)

[BIOS 2010-2010L](#)

[CHEM 1212-L](#) or [1312H-L](#)

Note: Health Promotion requires individual review of non-equivalent transfer courses before they can be used to satisfy Area VI and Major Requirements.

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### Entrance Requirements

If you are interested in the health promotion major, please contact a health promotion advisor as you complete the general education requirements to ensure proper course sequencing.

First- and second-year students are not required to meet any set entrance requirements. Students are allowed to have a major of intended-health promotion within the college and work with an advisor as they are completing the general requirements to apply to this high-demand major.

Third-year or higher students are expected to complete the General Education Core Curriculum Areas I-VI and obtain a grade of "C" (2.0) or higher in all courses in Area I and Area VI. High-demand selection criteria must be met. Applications are accepted twice per year (February and September).

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### High-Demand Major–Selection Criteria

- Overall grade point average (GPA) minimum of 2.7 and no grade less than "C" (2.0) in areas I and VI of the general education core curriculum
- GPA in General Education Area I (Foundation skills) minimum of 2.7
- GPA in General Education Area II (Sciences) minimum of 2.7
- GPA in General Education Area VI (Courses related to program of study) minimum of 2.7 and no grade less than "C" (2.0).

### Completed Essay:

Why is health promotion important to you? How will this degree help you obtain your career goals? You may include volunteer experience, work experience, personal experience, or relevant coursework that sparked your interest in health promotion.

For more information on High-Demand Selection Criteria for the major in Health Promotion, go to <http://www.publichealth.uga.edu/hpb>.

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## MAJOR REQUIREMENTS

A baccalaureate degree program must require at least 21 semester hours of upper-division courses in the major field and at least 39 semester hours of upper-division work overall.

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### Required Courses (60 hours)

A grade of "C" (2.0) or higher is required in all major requirements and electives

Complete the following: (40 hours)

CPH Core

[BIOS 3000](#)

[EHSC 3060](#)

[EPID 4070](#)

[HPAM 3600](#) or [HPAM 3600E](#)

[PBHL 3100](#) (Health Promotion and Health Services Areas of Emphasis)

HPB Core

[HPRB 3020](#) or [HPRB 3020S](#)

[HPRB 3700](#)

[HPRB 3850](#)

[HPRB 4400](#)

[HPRB 5010](#)

[HPRB 5410W](#)

[HPRB 5560S](#) (Health Promotion and Health Services Areas of Emphasis)

[HPRB 5900](#)

[BHM Core \(Behavioral Medicine Area of Emphasis\)](#)

[HPRB 3100H](#) or [HPRB 3100](#)

[VPHY 3100](#)

[HPRB 3480S](#)

### Choose Health Promotion Area of Emphasis or Health Services Area of Emphasis or Behavioral Medicine Area of Emphasis:

-- Health Promotion Area of Emphasis prepares students for health promotion and wellness positions in public, community, worksite, and health care settings, as well as for graduate level work in public health. Pre-nursing students often complete this Area of Emphasis.

-- Health Services Area of Emphasis in health promotion prepares students for graduate-level work with an emphasis on disease prevention and wellness. Examples might include pre-physician's assistant, pre-medical, or pre-dental.

--Behavioral Medicine Area of Emphasis in health promotion prepares up to 20 students a year in pre-medicine. This area of emphasis focuses on behavioral medicine and includes community, residency, and practical experiences.

### Health Promotion Area of Emphasis

#### Major Electives

Major electives are preparing you for the internship and should be chosen in consultation with your major advisor. Read course descriptions to choose courses that are professionally relevant. Check prerequisites, as many courses have them. Some courses may require you to request permission from the department offering the course.

Choose 20 hours from:

AFAM(PSYC) 4500/6500

ANTH 3530

ANTH 3540

ANTH 3541

ANTH 4070/6070

ANTH 4590/6590

COMM 3320

COMM(AFAM) 3820

COMM(HPRB) 4610/6610

ECHD 3170

FDNS 4050/6050

FDNS 4510/6510

FDNS 4540/6540

FDNS 4560/6560

FDNS 4600/6600

FDNS 4630/6630

GLOB 3100

GLOB 3200

GRNT 3000 or GRNT 3000E

HORT(ANTH)(PBIO) 3440

HPAM 3500

HPAM 4600

HPRB 3150

HPRB 3210

HPRB 3480S

HPRB 3750

HPRB 4480

HPRB 5060

HPRB 5210

IDIS(CBIO) 3100

IDIS(CBIO) 3100H

KINS 3700

KINS 4310/6310

KINS 4640/6640-4640L/6640L

LLED 4620E/6620E

PSYC 3230

PSYC 3260

PSYC 3810

SOCI 3100

SOCI 3110

SOCI 3280

SOCI 3290

SOCI(AFAM) 3300

SOCI(AFAM) 3310

SOCI(ANTH) 3400

SOCI 3550

SOCI 3820

SOCI 3860

SOCI(WMST) 4280

## **Health Services Area of Emphasis**

### **Major Electives**

Major electives should be chosen in consultation with your major advisor. Read course descriptions to choose courses that are professionally relevant. Check prerequisites, as many courses have them. Some courses may require you to request permission from the department offering the course.

Choose 12 hours from:

BCMB 3100

BIOL 3990

CBIO 3000-3000L

CBIO 3200L

CBIO 3400

CBIO(MIBO)(IDIS) 4100/6100

GENE 3200-3200D or (GENE 3200-3200D and GENE 3200H)

GENE 4050

IDIS(CBIO) 3100

IDIS(CBIO) 3100H

MIBO 3500

MIBO 3510L

VPHY 3100

Choose an additional 8 hours from:

BIOL 1108, BIOL 1108L or BIOL 2108H, BIOL 2108L

CHEM 1212, CHEM 1212L or CHEM 1312H, CHEM 1312L

CHEM 2211, CHEM 2211L or CHEM 2311H, CHEM 2311L

CHEM 2212, CHEM 2212L or CHEM 2312H, CHEM 2312L

PHYS 1112-1112L

### **Behavioral Medicine Area of Emphasis**

#### **Science Core (20 hours)**

CHEM 2211, CHEM 2211L or CHEM 2311H, CHEM 2311L

CHEM 2212, CHEM 2212L or CHEM 2312H, CHEM 2312L

BIOL 118-L or 1108H-L

BCMB 3100

GENE 3200

First aid and CPR certifications are required to graduate with this major.

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(This total does not include the 1-hour P.E. requirement.)

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THE UNIVERSITY OF GEORGIA

College of Public Health  
Undergraduate Office  
105D Rhodes Hall, HSC  
[www.publichealth.uga.edu](http://www.publichealth.uga.edu)



Health Promotion and Behavior  
Undergraduate Office  
151 Wright Hall, HSC  
[www.publichealth.uga.edu/hpb](http://www.publichealth.uga.edu/hpb)

Major: Health Promotion  
Area of Emphasis: Behavioral Medicine (B.S.H.P.)

The behavioral medicine area of emphasis prepares students for medical programs with an emphasis on disease prevention and community health.

*Freshman and Sophomore years (58-60 hours) Courses that meet the General Education Curriculum Areas I through V may be found at: <http://bulletin.uga.edu> or <http://www.curriculumsystems.uga.edu/ucc/GenEdCore.pdf>. Please note that courses may not be used to satisfy more than one area of the general education curriculum, including area VI.*

<p><b>I. Foundation Courses (9 hours)</b> ENGL 1101 or ENGL 1101E or ENGL 1101S (3)</p> <p>ENGL 1102 or ENGL 1102E or ENGL 1103 or ENGL 1050H or ENGL 1060H (3) MATH 2250 (4)</p> <p><b>II. Sciences (7 hours)</b> Physical Sciences (CHEM 1211/L or 1311H preferred) (3-4) Life Sciences (BIOL 1107/L preferred) (3-4)</p> <p><b>III. Quantitative Reasoning (3 hours)</b> (MATH 2260 preferred) (3-4)</p> <p><b>IV. World Languages and Culture, Humanities and the Arts</b> World Languages and Culture (9) Humanities and the Arts (COMM 1100 or COMM 2150H preferred) (3)</p>	<p><b>V. Social Sciences (9 hours)</b> HIST 2111, HIST 2111H, HIST 2112, HIST 2112H (preferred) (3) POLS 1101 or POLS 1105H (preferred) (3) PSYC 1101 or PSYC 1030H (preferred) (3)</p> <p><b>VI. Courses Related to the Program of Study (18 hours)</b> <i>Please consult with an HPB advisor prior to completing area VI (Grade of C or better)</i></p> <p>HPRB 1710 (3) PHYS 1111-L or 1211-L (4) PHYS 1112-L or 1212-L (4) BIOS 2010 (4) CHEM 1212/L or 1312H (3-4)</p> <p>PEDB (1 hour) (1) FYOS 1001 (1)</p>
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Entrance requirements for the major may be found at [http://www.publichealth.uga.edu/hpb/academics/bshp\\_application.html](http://www.publichealth.uga.edu/hpb/academics/bshp_application.html). This major is a high-demand major, and applications are accepted each fall and spring semester. Additional information may be found at [bulletin.uga.edu/](http://bulletin.uga.edu/) under the Health Promotion major.

*Junior and Senior years (60 hours). A grade of C or better is required for all major required and major elective courses. \*Starred courses must be taken in sequence.*

**Major Requirements (40 hours)**

*BHM Core*

HPRB 3100(H) Introduction to Behavioral Medicine (3)  
VPHY 3100 Elements of Physiology (3)

*CPH Core*

BIOS 3000 Intermediate Biostatistics for Public Health Sciences (3)  
HPAM 3600/E Introduction to Health Policy (3)  
EHSC 3060 Introduction to Environmental Health Science (3)  
EPID 4070 Fundamentals of Epidemiology (3)

*HPB Core*

HPRB 3850 Chronic Disease Prevention (3)  
HPRB 5010 Research Design and Methods in Health Promotion (3)  
HPRB 5410W Professional Writing for Health Promotion (3)  
\*HPRB 3020S Foundations of Health Promotion Professional Practice and Service (3)  
\*HPRB 3700 Community Health (3)  
\*HPRB 4400 Health Promotion Program Development (3)  
\*HPRB 3480S Practicum in Health Promotion and Services (150 hrs) (3)  
\*HPRB 5900 Capstone in Health Promotion and Behavior (1)

**Science courses (12 hours lower level sciences and 8 hours upper level sciences)**

CHEM 2211/L (4)  
CHEM 2212/L (4)  
BIOL 1108/L (4)

BCMB 3100 (4)  
GENE 3200 (4)



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Entrance requirements for the major may be found at [http://www.publichealth.uga.edu/hpb/academics/bshp\\_application.html](http://www.publichealth.uga.edu/hpb/academics/bshp_application.html). This major is a high-demand major, and applications are accepted each fall and spring semester. Applications are to be completed and emailed to the college office (105 Rhodes Hall, Health Science Campus) by a firm deadline.

The behavioral medicine area of emphasis is a highly competitive pre-medical area of emphasis within the major. Students who are not admitted to study behavioral medicine may choose to apply for the health services area of emphasis.

Additional information and requirements for the BSHP degree may be found under the health promotion major at <http://bulletin.uga.edu>

Please note that prerequisites apply for many courses. Several required courses have prerequisites and must be taken in sequence. Additionally, many of the science courses have prerequisites. Please see your advisor for proper course sequencing.

First Aid and CPR certification is required prior to registration for HPRB 3480S.

HPRB students are required to compile and maintain a portfolio documenting and exhibiting work or experiences gained throughout the undergraduate program.

For more information on medical school requirements, see: <https://premed.uga.edu/pre-medical/preparing-for-a-career-in-medicine/course-requirements>.

Students may choose to take additional courses to improve the quality of the medical school application, including MIBO 3500 and CBIO 3400. Generally, the components of a successful medical school application are:

- A strong academic record, including strong overall GPA and strong biology, chemistry, physics, and math (BCPM) GPA
- MCAT or DAT or OAT
- Strong letter of recommendation
- Medically-related experience
- Volunteering/community service
- Undergraduate research
- Individuality
- Personal competency (e.g., oral communication, teamwork, integrity)
- Extracurricular activities